

Nestle Avenue Charter Elementary School
5060 Nestle Ave., Tarzana, CA

Invites all parents to attend our upcoming workshop
Social Emotional Well Being of Students and Parents

Date: Wednesday, February 12, 2020

Location: Parent Center (Room 19)

Time: 8:30 am

Presented By: Norma Price- LAUSD Social Emotional Learning Teacher and Family Adviser.

Come find out how to understand/help with:

- **Understand the three most common parenting styles.**
- **Learn tools to help manage stress and anger.**
- **Understand the importance of self-care.**

Refreshments will be served

Any questions?

Please call the office at 818-342-6148

Ask for Teresa Luu - Community Reps.

-----Tear Off-----

Parent/Guardian Name: _____

Yes, I plan to attend

Student Name: _____ Room # _____

I am not able to attend, but keep me informed of upcoming parent workshops

Phone Number: _____

Please return to your child's teacher or parent center room 19!